



ST. NICHOLAS EPISCOPAL CHURCH
RICHFIELD, MINNESOTA



The Crier

April 2010

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Sunday, March 28 – Palm Sunday
 Palm Sunday Liturgy - 8:00 AM & 10:30 AM

Wednesday, March 31
 Tennebrae - 7:00 PM

Thursday, April 1 – Maundy Thursday
 Maundy Thursday Liturgy & Stripping of the Altar - 7:00 PM

Friday, April 2 – Good Friday
 Good Friday Liturgy - 12:00 Noon
 Stations of the Cross - 7:00 PM

Sunday, April 4 – Easter Sunday
 Easter Eucharist - 8:00 AM & 10:30 AM
 All-Parish Brunch between Services



St. Nicholas Episcopal Church
 7227 Penn Avenue South
 Richfield, MN 55423
 612-869-7551
www.saint-nicks.org

May issue deadline
Thursday, April 15th
 Put in Crier box in office or
 email to kathy@isd.net
 Please put "Crier" in subject.

St. Nicholas Episcopal Church
7227 Penn Avenue South
612-869-7551

Sunday Service

8:00 am Eucharist
9:15 am Adult Education
9:45 am Child/Youth Education
10:30 am Eucharist



Ministers **All Parish Members**
Priest **The Rev. Thomas Eklo**
Deacon **The Rev. Judy Conn**
Senior Warden **Dick Kohout**
Junior Warden **Mary Gleason**
Director of Music **Charlotte Grantier**
Crier Editor **Kathy Cummings**



Vestry Members

Carol Barthelemy Gretchen Eichhorn
Terry Houle Tom McConnell
Andrea Oliverius Maxine Parsons

Treasurer **Rich Makela**
Vestry Clerk **Bill Mills**

Reflections from Tom

Holy Week is the culmination of our Lenten observance as a people who have chosen to follow the Christ. We journey with Jesus toward Jerusalem during Lent and then we are there, throwing our palms on the path with loud shouts of hosanna and then five days later yelling “crucify him” as Pilate asks us what should be done with our king. The liturgies of Holy Week can be very powerful liturgies. They are powerful because they call for us to participate once again in the events of that fateful week. It is my hope that you will be a part of our community as we participate in the remembering of those events that would change our lives and the world for all time.

Palm Sunday at 8:00 and 10:30, we will begin in the gathering space with the Liturgy of the Palms. We will process with our palms into the sanctuary to the wonderful hymn “All Glory Laud and Honor”, but notice how quickly the mood changes as we read the passion narrative.

The liturgy of Maundy Thursday will begin at 7:00 PM. This year we will be adding foot washing to the liturgy. It is a Maundy Thursday practice within many churches and one that can be meaningful for those who chose to participate. At the very end of the service we will strip the altar, darken the church, and leave in silence as we prepare for Good Friday.

On Good Friday at 12:00 Noon, we once again read the passion narrative and pray the solemn collects, which is really Jesus’ prayer and our prayer for the world. Communion is served from the reserve sacrament as we once again leave in silence to await the promise of Easter.

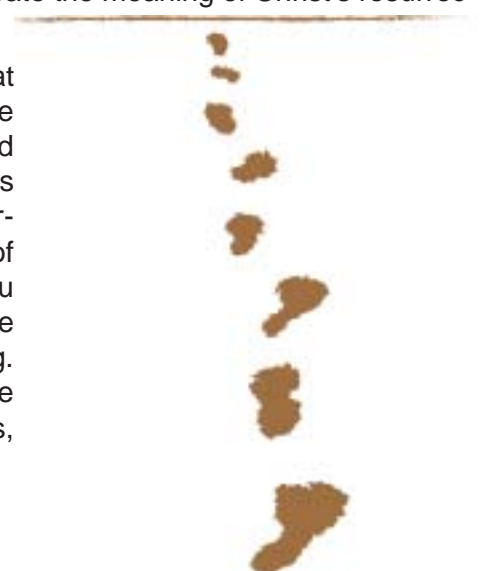
On Good Friday in the evening (7:00 PM), we will be doing a special service of the Stations of the Cross. This service of the stations gives particular emphasis upon reminding us that we continue to carry the cross of calling forth justice and non-violence in our world today. It is a very unique and meaningful rendition of the stations. Stations will be set up throughout the church building and we will be moving from station to station as we worship.

Easter services will be at 8:00 and 10:30 with breakfast served between the two services. The glory of Easter surrounds us with its color, its music, its “alleluia’s” as we once again celebrate the meaning of Christ’s resurrection as Christian people.

This time of year, we are often amazed once again by the rebirth of nature that surrounds us. We hear the chorus of birds singing. Perennial plants poke their heads through the soil. Trees awaken from their winter dormancy and begin to display the pale green of emerging life. The sun warms our bodies and our spirits. Oftentimes we associate this glorious and natural reemergence of life with resurrection. But in so doing, I think we miss the truth of resurrection. There is nothing natural about resurrection. No matter how you understand resurrection, it shifts the paradigms of history and our experience in ways that could never be understood as natural. It is shocking. It is riveting. It is frightful. But it is ultimately the promise of life. “Why do you look for the living among the dead? He is not here, but has risen.” With those words, everything has changed.

Alleluia. Christ is risen.

The Lord is risen indeed. Alleluia.



Cookbook Whip

We've all been to potlucks
 With variety galore.
 We've looked and we've chosen
 And gone back for more.
 But now with a chance
 to put recipes to book.
 The pile to choose from?

Barely worth the look.

Much more than fifty

Is the count that we read.

By Palm Sunday, please

Bring the extras we need.

Put your printed or typed recipes in the box in the church office, especially if you served soup, salad, hotdish or dessert at the free lunch.

Altar Guild Alert!

Big Clean

Saturday, April 3rd

9:00 a.m.

We need everyone!!!

Facebook

St Nicholas is now on Facebook. This is a very popular social networking site on the Internet. Check us out and tell your friends and relatives. Also it's a good way to keep in touch with other parishioners who may have moved.

If you have issues finding it send an email to Terry Houle

< terry99@gmail.com > and he will point you to the site or send you an invitation to join. Look forward to virtual discussions and interchange.

Recycle Sale

Spring has us all in the mood to clean out and organize our homes. Just keep an empty sack or box handy for collecting everything and anything for the sale. Drop off dates are April 23rd to 26th. Sale dates are April 29th, 30th and May 1st. Baked goods can be dropped at the church on Wednesday afternoon, April 28th. Signup sheet is posted outside the office. We are looking forward to seeing all the goodies you have come up with!



PRICING GUIDELINES

CLOTHING

CHILDREN

Baby clothes	25¢ - \$3
Blouses, shirts	50¢ - \$1
Coats, jackets	50¢ - \$5
Dresses	\$1 - \$5
Jeans, pants	50¢ - \$2
Robes	50¢ - \$1
Sleepwear	50¢ - \$2
Sweaters	50¢ - \$3
Sweats	25¢ - \$1
T-shirts, underwear	25¢ - \$1

MEN, WOMEN

Blouses, shirts	50¢ - \$2
Coats, jackets	\$1 - \$10
Dresses	\$1 - \$5
Formals	75¢ - \$3
Jeans, slacks	\$1 - \$5
Robes	75¢ - \$2
Skirts	50¢ - \$5
Sleepwear	50¢ - \$2
Suits	\$1 - \$10
Sweaters	75¢ - \$4
Sweats	50¢ - \$4
T-shirts, underwear	25¢ - \$1

HOUSEHOLD ITEMS

Baby equipment	\$2 - \$9
Baskets	25¢ - \$2
Bedding, pillows	25¢ - \$3
Bedspreads	\$1 - \$10
Crafts, fabric, etc.	25¢ - \$2
Dishes, glassware	10¢ - \$1
Drapes per panel	50¢ - \$2
Electric appliances	\$1 - \$5+
Furniture	\$2 - \$25+
Jewelry	50¢ - \$5
Knick-knacks	25¢ - \$2
Linen, towels	25¢ - \$2
Luggage	50¢ - \$3
Pans, bakeware	25¢ - \$2
Pictures, frames	50¢ - \$2
Rugs	50¢ - \$3
Seasonal items	10¢ - \$1
Sporting goods	50¢ - \$10+
Tablecloths	\$1 - \$4
Tools	50¢ - \$5
Toys, games	10¢ - \$3

Wholeness Ministries

It's starting to sprout. Watch the green bulletin board outside the youth room. Dream Work, Green, Healing Touch, Nutrition and Organic Shopping, Spirituality, Tai Chi. It's part of St. Nicholas Wellness.



Magazine Reuse

Please remember to pick up some magazines from the bookcase next to the Wholeness Ministries bulletin board outside the Youth Room. Or take some to nursing homes, doctor's office or other public places you may visit. We have enough books for the moment so save some up for the upcoming Recycle Sale at the end of April.

Do doot. . . do doot doot. . .

Late breaking idea.

Calling all St. Nicholas Nurses

Lets have lunch together at Houlahan's on May 12 (Florence Nightengale's birthday) and celebrate National Nurses' Week. I have gathered a list of 8 St. Nicholas nurses that I know about, but I don't want to miss anyone.

- Karen Bessler
- Sally Parsons
- Carol Hocking
- Cassell Wherland
- Helen Mudgett
- Dorothy Reese
- Betty Miller
- Gail Gardner
- and me (Sharon Mills)

If I have missed anyone, please let me know.

I'll be happy to drive if anyone needs transportation!



Happy Birthday- Earth Day- April 22

Originally founded by Senator Gaylord Nelson of Wisconsin and organized by Denis Hayes in 1970. Earth Day is turning 40 this year.

Check out the Alliance for Sustainability website at < <http://www.afors.org/> > for things you can do, upcoming events and other things regarding a sustainable lifestyle. The mission of the Alliance is to bring about personal, organizational & planetary sustainability through support of projects that are ecologically sound, economically viable, socially just and humane.

So try to make every day an Earth Day and consider the impact of your actions for the next seven generations.

Contact: Terry Houle



Healing Touch

Healing Touch is one of the Wholeness Ministries active at St. Nicholas. I'd like to introduce you to Healing Touch and tell you about an upcoming research project. Healing Touch is a complementary therapy based on the belief that human beings are fields of energy that are constantly interacting with the energy around them. Stress, illness, and pain can cause imbalance in the energy field. Healing touch practitioners have learned techniques to balance and re-align the energy flow, which helps restore the client's mind, body, and spirit to the optimal state for healing to occur.

As most of you know, one year ago I became certified as a Healing Touch practitioner. Many parishioners received healing touch as I was completing my internship. And, I am honored to have several of you as clients. Over the years of studying and practicing, I have been absolutely convinced about the validity of this therapy.

So I am very excited to have been asked to participate in what promises to be an interesting research project related to Healing Touch and other similar therapies. Margaret Moga, PhD, Associate Professor of Anatomy and Cell Biology, Indiana University School of Medicine - Terre Haute, is studying bio-energy healing, with the goal to learn how bio-energy healing works. She and her colleagues are currently studying magnetic field changes in the healing environment during bio-energy healing. The purpose of the study is to determine whether bio-energy healing can be measured scientifically with equipment currently available in the laboratory. Two of the questions to be addressed are: 1) Can it be detected when a healer is sending or giving healing, and 2) does the healer's physical health and emotional state have an effect on healing?

On April 9th, I will travel to Terre Haute to provide healing touch in a laboratory controlled setting, while the magnetic field in the room is being recorded. Then, in either May or June, Ms. Moga will come to St. Nicholas, where I do my healing touch work, and we will repeat the procedure. This will give another dimension to the research by measuring any differences in the magnetic field when the practitioner is the same but the environment is changed. This is a three year national study that will involve approximately 300 subjects. Stay tuned for the results. If you'd like more information about healing touch, call me, or stop me at church. I LOVE talking about it!

Easter message from Bishop Brian N. Prior

As I drove through the familiar neighborhood, the dramatic difference from the day before was incredible. Just 24 hours earlier it was dark and dreary with not a soul in sight. Today, however, the sidewalk was filled with kids riding their bikes, teenagers washing cars and others who were just reconnecting with God's creation. It was early March in Minnesota and it was the first day that temperatures were flirting with 60 degrees!



These magnificent moments of new life are what sustain us through the long, cold, even isolating winters. They remind us that regardless of how overwhelming or how dark life can be, at our core we are people of resurrection and as such people of eternal hope.

Such is our call as people of faith. We are to not only live our own lives but also share with others the resurrection faith that we embody. We are to reach out to an often cynical, hypercritical, scarcity-centered world and offer the message of hope in the new life which is ours as we proclaim:

Alleluia. Christ is risen! The Lord is risen indeed. Alleluia!

Thank you for being the Episcopal Church in Minnesota and for being the blessing of new life in your homes, neighborhoods, schools, workplaces and wherever life takes you!

The Rt. Rev. Brian N. Prior
Bishop of Minnesota

In your prayers, you are asked to remember....

Jill Aicher	Mary Phyllis Meyer	Betty Cope	
Daisy Druhl	Dorothy Reese	Clint Bristol	Bill Mills
Tom Frick	Marie Peterson	Gretchen Eichhorn	Marge Stwora
George Wilner's mother	The Rev. Jan Wilner	Mary Phyllis Meyer's sister	Virginia Gaebe
Gayle Ticen's sister, Shirley Hagenbuch		Terry Houle's brother-in-law, Jim Brandl	
Janice Fraser's granddaughter, Isabella		Mary Jackson's daughter Janet Jackson	
Barb Makela's close friend Judy D.		Daisy Druhl's friend Keith Benson	
Sally Parsons friend Derrick Delvalle		The people of Haiti and Chile	
		And the men and women of our armed forces.	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 28 8:00 AM Eucharist 9:15 AM Christian Ed - Adult 10:30 AM Eucharist PalmSunday	Mar 29	Mar 30	Mar 31 7:00 PM Tennebrae Choir to follow Service	Apr 1 7:00 PM Maunday Thursday Liturgy & Stripping of the Altar	Apr 2 12:00 PM Good Friday Liturgy 7:00 PM Stations of the Cross	Apr 3 9:00 AM Altar Guild - Big Clean
Apr 4 8:00 AM Easter Eucharist 9:00 AM All Parish Brunch 10:30 AM Easter Eucharist	Apr 5	Apr 6	Apr 7 7:30 PM Choir	Apr 8	Apr 9 10:00 AM Adventures in Spirituality	Apr 10
Apr 11 8:00 AM Eucharist 9:15 AM Christian Ed - Adult 9:45 AM Christian Ed - Children & Youth 10:30 AM Eucharist	Apr 12 7:00 PM Daughters of the King - Springs of Shalom	Apr 13	Apr 14 7:30 PM Choir	Apr 15 7:00 PM Vestry Crier Deadline	Apr 16 10:00 AM Adventures in Spirituality	Apr 17 10:00 AM Christian Dream Work
Apr 18 8:00 AM Eucharist 9:15 AM Christian Ed - Adult 9:45 AM Christian Ed - Children & Youth 10:30 AM Eucharist	Apr 19 Meals on Wheels - Team 2	Apr 20	Apr 21 7:30 PM Choir	Apr 22	Apr 23 10:00 AM Adventures in Spirituality Recycle Sale drop-off	Apr 24 12:00 PM Free Lunch
Apr 25 8:00 AM Eucharist 9:15 AM Christian Ed - Adult 9:45 AM Christian Ed - Children & Youth 10:30 AM Eucharist Recycle Sale drop-off	Apr 26 7:00 PM Daughters of the King - Springs of Shalom	Apr 27	Apr 28 7:30 PM Choir	Apr 29 Recycle Sale	Apr 30 10:00 AM Adventures in Spirituality	May 1
May 2 8:00 AM Eucharist 9:15 AM Christian Ed - Adult 9:45 AM Christian Ed - Children & Youth 10:30 AM Eucharist	May 3	May 4	May 5 7:30 PM Choir	May 6	May 7 10:00 AM Adventures in Spirituality	May 8

birthdays

- | | |
|-------------------|-------------------|
| 2 Judy Conn | 11 Sachiko Slough |
| 4 Sarah Wilner | Lazarus Abisiri |
| 5 Ed Kariuki | Blayon Yuoh |
| 6 Bob Aicher | 16 Jack Deger |
| 8 Justen Lasserud | 25 Kerry Banks |
| Kormassa Jaryan | 29 Tim Slough |



anniversaries

- 16 Geri Finnell & Mike Haas